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AMERICAN ACADEMY OF TEACHERS OF SINGING NEW YORK CITY

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REASONS FOR STUDYING SINGING

Singing fortifies health, widens culture, refines the intelligence, enriches the imagination, makes for happiness and endows life with an added zest.

- Singing is healthful; it develops the lungs and purifies the blood by emptying more completely the lungs of used air and filling them deeply with fresh air.
- Singing promotes good bodily posture and graceful carriage.
- Singing lends expressiveness to the countenance, and animation to the mind.
- Singing increases poise, self-confidence, and develops character through difficulties overcome.
- Singing gives a pleasanter, richer speaking voice and improved speech; thereby adding to the charm of personality.
- Singing strengthens the memory and the power of concentration.
- Singing acquaints one with the inner meaning of words, and thus stimulates deeper insight into poetry and prose.
- Singing enables one to understand and enjoy more fully the art of great singers.
- Singing awakens living interest in the beauties of music and admits one to the rich and varied treasury of the literature of song.
- Singing brings new aspirations and new buoyancy into life through the absorbing pursuit of an ideal.
- Singing as a means of self-expression is a medium of release for pent-up emotions.
- Singing though followed with no thought of professionalism, gives pleasure to one's self and ultimately to one's friends. Its appeal is universal.